

Injury Prevention

Sports Taping

Nutrition

Injury Management



ALLIANCE SPORTS • email: info@alliancesports.com.sg • (65) 6225 - 1295

Promotion: \$1380 Nett per pax

Sports Trainer Level 1

Date

6, 7, 13 & 14 April 2013

Time

09:00- 18:00 for all 4 days

Pre- Requisite:

First Aid with CPR & AED

Additional Info:

More course information, please visit www.alliancesports.com.sg

Registration ends 3 weeks prior to commencement

Join Us!

Be equipped with the skills & knowledge in the management of specific sporting injuries, warm up, stretching and cool downs, common medical conditions, Sports Taping and nutrition to assist athletes in injury prevention and management.

Be awarded a Sports Trainer Level 1 certificate by Sports Medicine Australia upon successful completion of the course.

Course Fee

SGD 1500 Nett per person per course. Accepted forms of payment ; Cheque, Cash or NETS. Cheque to be made payable to **Alliance Sports Pte Ltd**

Contact

6225 1295

Email Address

www.alliancesports.com.sg